



Constipation & Bloating Relief

Ask your Doctor for a prescription

HygiRelief™ Payable at the HyGIeaCare® Center, by credit/debit card or flexible spending accounts (FSA) Debit Card access health reimbursement accounts (HRA), and health savings accounts (HSA).

For a consult and scheduling please call the HyGIeaCare Center

**Nurse Manager:**

**(757) 243-1266**

Amelia Building at Park Central  
885 Kempsville Road, Suite 224  
Norfolk Virginia 23502.



www.hygieacare.com

CONSTIPATED?



Seeking relief?

Go with HyGIeaCare®



feel so much better

# HygiRelief™

## Constipation & Bloating Relief

Take control  
feel so much better



Natural Relief  
Water only  
No Medications

HyGIeaCare Center  
The better choice



Safe • Easy • Convenient • Hygienic



www.hygieacare.com

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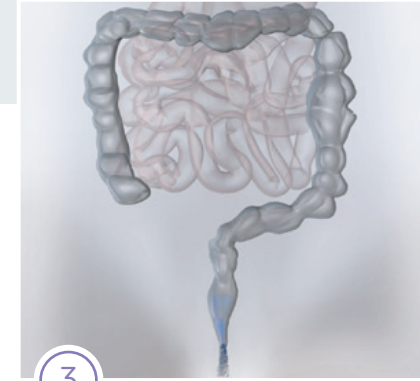
1

Once your appointment has been scheduled, arrive at the HyGieaCare® Center. Please register at the front desk and our trained nurse manager and Tech will greet you and lead you through the treatment.



2

Prior to your arrival, the HyGieaCare system will have been stringently disinfected. You will be taken into a private room where you will partially disrobe, sit comfortably on the basin, cover yourself with a blanket. The Tech will get back into the room and gently insert a lubricated small size disposable nozzle into the rectum.



3

A gentle stream of temperature controlled, gravity-flow water will loosen stool and induce bowel movements, allowing you to comfortably evacuate your colon discreetly and odorlessly providing relief of constipation and bloating.

## What is Constipation & Bloating?

**Constipation** is generally described as having fewer than three bowel movements a week.

**Bloating** is swelling or increase in diameter of the abdominal area, feeling a full and tight abdomen, which may cause abdominal pain.

**So what do you do when you just can't go?**

The effective solution- GO with HyGieaCare Constipation & Bloating Relief.

## HygiRelief patient feedback

**GREAT** **NICE** **FEEL BETTER**  
**CARE** **COMFORTABLE** **AMAZING** **HELPFUL**  
**EXCELLENT** **FRIENDLY** **GOOD EXPERIENCE** **EASY** **BEST** **LIKE** **WONDERFUL** **RECOMMEND**  
**WILL BE BACK** **PROFESSIONAL** **LOVE** **RELIEF** **THANKS**

\*Based on analysis of 408 patient written feedback for HygiRelief