

# hygiereief<sup>®</sup>

## Constipation & Bloating Relief Take control feel so much better

CONSTIPATED?



Seeking relief?

Go with HyGIeaCare<sup>®</sup>



feel so much better

- Natural Relief
- Water only
- Ask your Doctor for a prescription

Safe • Easy • Convenient • Hygienic

HygiRelief<sup>®</sup> Payable at the HyGIeaCare<sup>®</sup> Center, by credit/debit card or flexible spending accounts (FSA) Debit Card access health reimbursement accounts (HRA), and health savings accounts (HSA).

hygieacare<sup>®</sup>  
Delivering better GI outcomes



CAPITAL  
DIGESTIVE  
CARE<sup>™</sup>  
*First in Digestive Health*



## Perform HygiRelief<sup>®</sup> with the FDA cleared system and feel so much better

hygieacare<sup>®</sup>  
Delivering better GI outcomes

**CAPITAL  
DIGESTIVE  
CARE<sup>™</sup>**  
First in Digestive Health

[www.hygieacare.com](http://www.hygieacare.com)



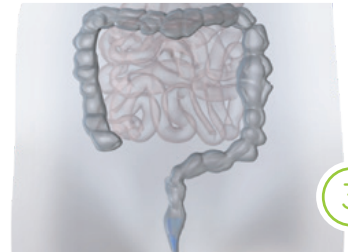
1

Once your appointment has been scheduled, arrive at the HyGieaCare<sup>®</sup> Center. Please register at the front desk and our trained nurse manager and Tech will greet you and lead you through the treatment.



2

Prior to your arrival, the HyGieaCare system will have been stringently disinfected. You will be taken into a private room where you will partially disrobe, sit comfortably on the basin, cover yourself with a blanket. The Tech will get back into the room and gently insert a lubricated small size disposable nozzle into the rectum.



3

A gentle stream of temperature controlled, gravity-flow water will loosen stool and induce bowel movements, allowing you to comfortably evacuate your colon discreetly and odorlessly providing relief of constipation and bloating.

HygiRelief<sup>®</sup> Patient feedback:

LIKE  
WONDERFUL  
THANKS  
RELIEF CARE  
PROFESSIONAL AMAZING  
GOOD EXPERIENCE  
GREAT  
EXCELLENT  
RECOMMEND BEST  
FEEL BETTER LOVE EASY  
WILL BE BACK  
FRIENDLY COMFORTABLE  
HELPFUL

\*Based on analysis of 408 patient written feedback for HygiRelief<sup>®</sup>

For a consult and scheduling  
[www.capitaldigestivecare.com](http://www.capitaldigestivecare.com)  
Shady Grove Professional Center II,  
15001 Shady Grove Road, Rockville, MD