

# hygiereief<sup>®</sup>

## Constipation & Bloating Relief Take control feel so much better

CONSTIPATED?



Seeking relief?

Go with HyGIeaCare<sup>®</sup>



feel so much better

- Natural Relief
- Water only
- Ask your Doctor for a prescription

Safe • Easy • Convenient • Hygienic

HygiRelief<sup>®</sup> Payable at the HyGIeaCare<sup>®</sup> Center, by credit/debit card or flexible spending accounts (FSA) Debit Card access health reimbursement accounts (HRA), and health savings accounts (HSA).

hygieacare<sup>®</sup>  
Delivering better GI outcomes



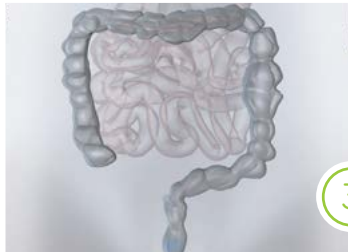
## Perform HygiRelief<sup>®</sup> with the FDA cleared system and feel so much better



Once your appointment has been scheduled, arrive at the HyGIeaCare<sup>®</sup> Center. Please register at the front desk and our trained Nurse Manager and Tech will greet you and lead you through the treatment.



Prior to your arrival, the HyGIeaCare system will have been stringently disinfected. You will be taken into a private room where you will partially disrobe, sit comfortably on the basin, cover yourself with a blanket. The Tech will get back into the room and gently insert a lubricated small size disposable nozzle into the rectum.



A gentle stream of temperature controlled, gravity-flow water will loosen stool and induce bowel movements, allowing you to comfortably evacuate your colon discreetly and odorlessly providing relief of constipation and bloating.



[www.hygiacare.com](http://www.hygiacare.com)

HygiRelief<sup>®</sup> Patient feedback:



\*Based on analysis of 408 patient written feedback for HygiRelief<sup>®</sup>

For a consult and scheduling please call the  
HyGIeaCare Center **Nurse Manager:**

**(757) 243-1266**

Amelia Building at Park Central, 885 Kempsville Road,  
Suite 224, Norfolk Virginia 23502.